

MID-VALLEY fellowship

releasing the power of hope

Hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, whom he has given us.

Romans 5:5

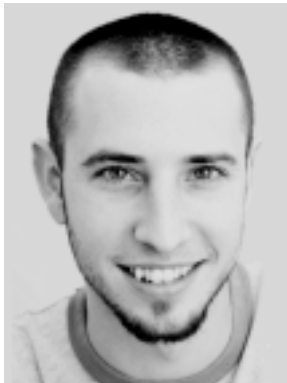
December 2010

Many in our churches and community struggle with or are impacted by sexual brokenness. Here are just a few short stories . . .

To protect their confidentiality, photos of our actual participants were not used.



I had a lesbian relationship in my early 20's and a life full of secrets and regrets followed. Twenty-five years later, I came to Mid-Valley Fellowship. In the beginning, I was so scared. I couldn't even make it to the weekly meetings on my own. The Lord soon had several promises for me: Be faithful and go to the meeting and the fear will have no more room in your life. Healing will come. All the issues that led up to my getting into that relationship are also being dealt with: abandonment, abuse, molestation, fear, and a longing to belong so strong that I had no idea how to deal with it. The mantra going through my mind has always been that there is no way out; the guilt and fear will be a part of my life forever. At MVF, I found a place where I can be real and honest about my past, where nobody is pushing an agenda, where the leadership is gentle, a place where my healing began. MVF has changed my life, and I am truly grateful that it is available for me.



After having been a slave to homosexual pornography for 8 years, Mid-Valley Fellowship has been helping me to overcome through Christ. I've come to discover more deeply that I'm loved unconditionally by our Savior, and that is really all that ultimately matters. I don't need to be insecure about relationships with others. I can take risks and even make it through failure, because at the end of the day I know I'm secure! As a result, I don't need to turn to pornography when I'm struggling with things in my life. I've already been given the help I need through Christ and His body. I've still got a long way to go, but I'm confident that God is being faithful to complete the work that He has begun in me, in large part through MVF's help.



Before coming to Mid-Valley Fellowship, I thought I was the only one struggling with same-sex attraction. I felt guilty and full of shame. During my first year of MVF, I have learned that God didn't make a mistake when he made me. I have learned to forgive those who had hurt me, and over all, I have been accepted by God. I have received His forgiveness, joy, and peace. Now I don't feel alone anymore. I found this great group of people that understands me and supports me.

Will you join in their journey?

When you give, you share in a participant's journey of healing.
Every gift makes a difference — consider the following . . .



Your Gift of \$35 provides a counseling session for a participant who cannot afford it.
Your Gift of \$125 enables us to cover the cost of utilities for a month.
Your Gift of \$250 sustains our support programs for a month.
Your Gift of \$500 serves more people by hiring an admin assistant (40 hours/month).

In this season of giving, offer someone the gift of hope
that redemption is possible, no matter what their issue!
Join the participants in their journey of healing through your giving!

Three Easy Ways to Give and Join in the Journey:

In-Person

Visit the
Mid-Valley Fellowship Office
420 Third Avenue SE, Albany

Online

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Browse our website at
www.midvalleyfellowship.org
to make a credit card gift

Give by Dec. 31st
to deduct your gift
in Tax Year 2010

In the Mail



Mail the enclosed
Response Envelope to
make a check or credit card gift

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All communication with Mid-Valley Fellowship is confidential.